

MSC @ E350 Guiding Principles

- Avoiding judging others
- Welcoming, warm, honest communication
- Kindness
- Openness
- Feel safe/able to make mistakes
- Courage to share and be vulnerable
- Validation
- Respect for boundaries
- Recognize my place on the wheel of power
- Appreciation, understanding and patience
- Listen to others fully
- Compassionate listening
- Avoiding advice giving
- Respecting differences
- Confidentiality what's shared in the group stays in the group